

**Contra Mundum**  
Walking in the Light  
Ephesians 5:8-14  
May 31, 2015

...for at one time you were darkness, but now you are light in the Lord. Walk as children of light... **-Ephesians 5:8**

**I. AFTER DARKNESS...LIGHT**

- Before Christ we were “darkness.” It defined us. In-Christ we are “light.” It defines us. What we were is not what we now are (John 8:31-38; 1 Cor. 6:9-11; Eph. 2:1-3).
- We were not spiritually sick, we were spiritually dead. There was no light in us before we knew Christ (Eph. 2:1, 5; Rom. 3:10-12, 6:23).
- Now that we are finally alive, we are called to “walk as children of the light” (Rom. 6:1-4; 1 John 1:5-7).
  1. In goodness
  2. In righteousness
  3. In truth (John 14:6)
- We are now the light of the world, just as Jesus is the light of the world (John 5:14; 8:12).
- We are not only to walk in light, but to avoid dark lifestyles and expose dark ways of life. Present “fruit” in our lives assures us of salvation, not past acts (Phil. 1:6; Heb. 3:14; 2 Pet. 1:5-11).

**II. AWAKE, O SLEEPERS**

- The light of Christ brings sin to light and destroys it. We must be transparent in the body of Christ. Confession is a consistent theme in Scripture (Lev. 5:5; 16:21; Ps. 32:5; James 5:16).
- Christ shines light in our lives. That light should be reflected (Ps. 27:1; 119:105; Prov. 4:18).

**KNOW:** We are called to walk in the light, to be children of the light, and to allow the light to expose sin. Jesus is the Light of the world. Those who walk in that light have awakened from a dark and deadly slumber.

**DO:** Let Christ shine on you.

**Suggested Reading:**

*The Mark of the Christian*, by Francis Schaeffer

*Secret Thoughts of an Unlikely Convert*, by Rosaria Butterfield

**Questions/Discovery Points for  
Life Groups/Families**

**Please read Ephesians 5:8-14**

1. How does it make you feel to be told that prior to your life in Christ you were “darkness?” What does that say about those we know and love who are not in Christ?
2. If unbelievers are “darkness,” does that mean they can do nothing good or of benefit to humanity? How should we treat unbelievers we know (see Luke 6:35; Rom. 12:21; Gal. 6:10)?
3. What are some practical ways that we can expose the darkness in our lives? In the lives of others? In our society?
4. If walking in the light includes doing what is good, right and true, what does that mean for self-proclaimed believers who are not living for good, righteousness, and truth?
5. Since no one lives this way all the time, what signs in our lives would indicate that we are a believer in spite of the fact that we fail to do good, live righteously, and exude truth consistently (see 1 John 3:1-10)?
6. God’s promise is that if we “wake up,” Christ will shine on us. What does that look like? How do we live when Christ is shining on us?