

NUMBER YOUR DAYS

Psalm 90
June 11, 2017

I. Our Eternal God (vs. 1-4)

- As Moses prepares for death, he ponders the grandeur of God.
- God is their dwelling place.
- God is everlasting.
- God is beyond time.

II. Our Frailty and Sin (vs. 5-11)

- It is good to ponder our frailty (Ecclesiastes 7:2-4).
- Our frailty should point to sin (Genesis 2:16-17; 3:19).
- Sin requires punishment (Luke 12:4-5).
- Death is punishment (Romans 5:12-21).

III. Our Need of Grace (vs. 12-17)

- Numbering our days puts things into perspective and stewards our time.
- Pondering death forces us to look for answers.
- We need God to act, to answer us, to shelter us, and to satisfy us.
- Life is not about the journey; it is about the destination (Matthew 7:13-14).
- Is God your dwelling place?
- Do you know what it is like to have God as a refuge?

Know: God is eternal. You are not. Life is short, and you are going to die and give an account of your life. “It is appointed for man to die once, and after that comes the judgment.” (Hebrews 9:27)

Do: Ponder the grandeur of God. Recognize your own frailty. Number your days and wisely seek God, a refuge through Christ.

Questions/Discovery Points for Life Groups/Families

1. Read Psalm 90. What are some characteristics of God that stand out to you?
2. Why is death scary for most people?
3. Why are we so prone to forgetting that death is imminent?
4. Do you remember a time when you were struck with your own mortality? What was that like?
5. What are ways in which numbering our days makes us wise?
6. Have you ever had a near death experience or something that has caused an immediate change in your life? What was it?
7. What are some things we can do to keep both the eternal nature of God and our own frailty before us?
8. What is one thing that you are going to change as a result of this sermon?