

Summer of Psalms

A Mighty Fortress – Psalm 46

July 8, 2018

The LORD of hosts is with us, the God of Jacob is our fortress.
– **Psalm 46:7**

I. REFUGE AND STRENGTH

- When God is with us, we have nothing at all to fear. Our only fear is to be the fear of God himself (Ex. 20:20; Ps. 27:1-2; Matt. 6:25-34; Luke 12:5).
- Even when the foundations of our lives shake, we are encouraged to trust in the Lord (vss. 2-3).

II. GOD DWELLS AMONG US

- When all is chaos about us, those who are in Christ may rest in the assurance of his presence (vss. 4-5; Matt. 11:28-30).
- The nations rage against God, but it means little to him. His voice alone brings things that are to things that are not (Ps. 2; Dan. 10:6; Heb. 12:25-27; Rev. 1:12-18).
- God is with us; his Spirit now dwells in us. In his presence is not only safety, but fullness of joy (Ps. 16:11; Eph. 1:13; Col. 1:27).

III. BE STILL AND KNOW THAT I AM GOD

- Have you considered the works of God? (Ps. 19:1-6; Isa. 37:36-37)
- Our actions are not necessary or needed. God is God (Ex. 14).
- God will be exalted—both on earth, under the earth, and in heaven (Phil 2:9-11).

KNOW: God is never far from us. He has promised us his presence, and in that presence is joy, peace, and safety.

DO: Remind yourself if you know Christ—God dwells in you!

Recommended Reading:

Martin—God's Court Jester: Luther in Retrospect by Eric Gritsch
(LifePoint Library #BIO LUT)

Questions/Discovery Points for Life Groups/Families

Please read Psalm 46

1. What is the psalmist confident about in this psalm?
2. Why so much use of the elements here (earth, mountains, sea, waters, rivers, streams)? What do you think they symbolize?
3. What is the reader of this psalm supposed to consider? Have you considered these things?
4. What happens when we become still? Do you ever practice quiet during your devotions?
5. What do we know about how history wraps up? Where is God when everything comes to completion? Where are we? Who ultimately is exalted as a result of human history?
6. What did you learn from this psalm? What will you put into practice?