

## Summer of Psalms

Hiding Place - Psalm 32  
September 2, 2018

You are a hiding place for me; you preserve me from trouble; you surround me with shouts of deliverance. **-Psalm 32:7**

### I. THE WICKED AND UPRIGHT - A CONTRAST

- There is a world of difference between the lives of the upright and the wicked. One leads to sorrow, the other to joy (vss. 10-11; Psalm 1; 2 Cor. 7:10).
- We hide in God, and in that hiding place we find steadfast love (vs. 10; vs. 7; Col. 3:1-11).

### II. OLD TESTAMENT BEATITUDES (vss. 1-7)

- Believers are blessed, not because we have good things, but because we have been forgiven (vss. 1-2; 1 Cor. 5:21; Eph. 1:3-8).
- Confession is the road to healing. A refusal to acknowledge sin and to repent leads to physical, mental and spiritual fatigue for the genuine believer. Confession brings an end to all that (vss. 3-5; James 5:16).
- There is nothing hidden that will not one day come into full view (2 Sam. 12:1-15; Matt. 10:26; 1 Cor. 4:5; Heb. 4:12-13).

### III. WHAT SHALL WE DO?

1. Pray now—don't wait till later (vs. 6).
2. When God's hand is heavy on you, acknowledge sin, confess and repent (vss. 3-5).
3. Hide your life in Christ (vs. 7).
4. Listen to God's instruction and follow through with his counsel. Be smart and put aside stubbornness (vss. 8-9).
5. Be glad in the Lord! Be purposeful about it (vs. 11).

**KNOW:** Acknowledging sin and confessing leads to joy and peace of mind. We hide ourselves in Christ, and we find our true selves in a relationship with God through Christ.

**DO:** Be real with God. Confess sin and find peace.

#### Recommended Reading:

*The Freedom of Self-Forgetfulness* by Tim Keller (LifePoint Library #248.4 KEL)  
*The Mortification of Sin* by John Owen (LifePoint Library #248.4 OWE)

#### Questions/Discovery Points for Life Groups/Families

##### Please read Psalm 32

1. What do you think is the main point in Psalm 32?
2. Why is confession so liberating for us?
3. In verse 8, when God begins to speak, he gives some promises. What are they?
4. What does God require of David (or us as we read this psalm) in response to his promises? (see verse 9)
5. As we follow this psalm all the way through, we see that it points back to verses 1-2. What makes us feel blessed there? Why?
6. What are some of your takeaways from this psalm?